SELF-ADMINISTERED COVID-19 POCT

The test should be administered before coming on shift. Stay in the Safe Zone while waiting for the test to complete. Follow social distancing and mask guidelines.

Exam gloves shall be worn when handling testing material.

1 PREPARE THE TEST CARD

Open the test card packet.

If blue Control Line is not present, discard and use another card.

2 IDENTIFY YOUR CARD

Use your initials or another identifying mark to make sure your test does not get confused with someone else's.

3 BEND TEST CARD BACKWARDS

Test card must be kept level and flat. Bending it backwards helps this process.

4 PREPARE A TIMER

The test needs 15 minutes before results can be read.

Prepare a device with a stopwatch or timer. You will need to read the results promptly at the 15 minute mark.

5 LAY TEST BOOKLET FLAT AND PEEL ADHESIVE FROM THE RIGHT SIDE

6 ADD THE EXTRACTION REAGENT TO THE TEST CARD

Add **6 DROPS** to the **TOP HOLE**.

DO NOT touch the card with the dropper tip while dispensing.

7 COMPLETE SPECIMEN COLLECTION

Insert a sterile swab into the nostril. Using gentle rotation, push the swab until resistance is met (less than one inch into the nostril).

Rotate the swab **5 times** or more against the nasal wall, then slowly remove.

Using the same swab, repeat sample collection in other nostril.

8 INSERT THE COLLECTION SWAB INTO THE TEST CARD

Insert nasal swab into **BOTTOM HOLE** and firmly push upwards so that the swab tip is visible in the **TOP HOLE**.

ROTATE THE SWAB 3 TIMES CLOCKWISE.

Do not remove the swab.

9 FOLD AND SEAL THE TEST CARD

10 START THE 15 MINUTE TIMER

11 READ THE RESULTS PROMPTLY AFTER 15 MINUTES

12 REPEAT AN INVALID TEST

Using a new test card, sterile swab, and fresh sample collection, repeat an invalid test.

Only perform one additional test.

If additional test is also invalid, report to Chain of Command.

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